



COVID-19 PROCEDURES FOR VISITORS ARRIVING IN ZAMBIA AND COVID-19 TESTING FOR DEPARTURE

COVID-19 PROCEDURES ON ARRIVAL IN ZAMBIA

Notice from the
Zambia Ministry of Health
Zambia Tourist Agency
Zambia Airports Company

VISAS

- It should be noted the current visa regime remains in place.
- Importantly, nationals who do not require visas in advance can still purchase visas on arrival.
- Those nationals who require visas in advance are still required to apply at least 30-working days before visiting Zambia.

TOURISTS

- Visitors to Zambia with a negative SARS CoV2 PCR test certificate conducted within the previous [seven-days](#), are free to visit while adhering to recommended COVID-19 prevention measures such as maintaining physical distance, masking and personal hygiene.
- They shall monitor themselves daily for 14-days for the development of COVID-19 symptoms and report any occurrence to the nearest health facility.
- Visitors arriving in Zambia without a negative SARS CoV2 PCR test certificate conducted within the previous 14-days will not be allowed into the country.

ARRIVAL PROCEDURES AT AIRPORTS

- Traveller Health Questionnaires will be provided to all airlines entering Zambia who will provide them to on-board passengers to complete before disembarkation, and to be surrendered to health staff on the ground at the airport.
- Symptomatic travellers with body temperatures equal to or above 38 degrees Celsius will be tested for SARS Cov-2 at the airport.
- In addition to this temperature level, if a traveller is coughing, has shortness of breath, difficulty breathing, sore throat and headache – they will be quarantined in specific institutions designated by the Ministry of Health until their results are ready.
- Travellers who test positive will be managed according to the National Case Management Guidelines.
- Travellers without fever but with other symptoms will be assessed to determine need for testing.
- Random testing for quality assurance purposes will be conducted on selected passengers presenting negative results.



COVID-19 PCR TESTING FOR PURPOSES OF DEPARTURE FROM ZAMBIA

This is a nose / throat swab that detects genetic material of the SARS-CoV-2 virus using a lab technique called Polymerase Chain Reaction (PCR). It is also referred to as a Molecular Test.

TESTING IN LIVINGSTONE

The River Club will facilitate appointments and logistics for The River Club guests. There are two systems available for COVID Testing;

- **GOVERNMENT**

Livingstone General Hospital

- o Payment has to be made in advance of making an appointment, to the hospital bank account
 - * The River Club will facilitate this
- o Proof of payment has to be shown before swabs will be taken
- o The PCR test is carried out at the hospital
 - *Cost includes The River Club transfers
- o Results take from 24 to 48-hours.
- o The results are collected from the hospital lab and taken to the Livingstone District Health Office
 - * Cost includes The River Club collection and delivery
- o The District Health Office issues a SARS-CoV-2 Medical Certificate for International Travel
 - *The River Club driver will need the passports of those concerned

COST USD 110 per test

- **PRIVATE**

Certain Doctors in private practice and the Speciality Emergency Services Clinic

- o Payment for testing has to be effected in advance of making an appointment, to the relevant bank account
 - * The River Club will facilitate this
- o Appointments can only be made Monday to Friday 09h00 – 14h00 (at present)
 - *Cost includes The River Club transfers
- o Proof of payment has to be shown before swabs will be taken
 - * Passports need to be present at this stage
- o The swabs are couriered to CIDRZ in Lusaka (Centre for Infections Disease Research in Zambia Ltd)
- o Courier service timing is important because the service only runs Mondays to Fridays
- o The PCR test is carried out at CIDRZ
- o Results take from 48 (EXPRESS) to 72-hours (ROUTINE) and are e-mailed or sent by text to the clinic or The River Club
- o A SARS-CoV-2 Medical Certificate for International Travel is issued in Livingstone by the District Health Office or in Lusaka by the UTH (University Teaching Hospital) – the preference should be specified when the swabs are taken
 - * Cost includes payment by The River Club for the certificate and collection of the certificate from the DHO in Livingstone

COST USD 175 per ROUTINE test / COST USD 225 per EXPRESS test

TESTING IN LUSAKA

- If you do need a COVID test in Lusaka prior to departure, there is a fast-track COVID-testing centre set up for leisure travellers in a private medical clinic overseen by the same organization that handles other infectious disease research in country.
- Use this link: <https://cidrz.timetap.com>, put in a few personal details, select the date and time you would like and appointment, and you're confirmed.
 - o Instantly receive a calendar download and a follow up email (and subsequent text reminders)
 - o The entire registration should take less than five minutes
 - o Cost is USD 150, which can be paid by credit card
 - o Results should be back within 22 hours (but can be between 24 and 48)
 - o Best to plan for longer to avoid any unnecessary stress

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